"This is the time of year we celebrate the birth of our nation. America is 239 years old this year. Each year since our declaration of independence our country grows and builds upon the foundations set by our founding fathers. This Fourth of July let us pause to salute them as we celebrate our many freedoms and our great nation, together, as Americans. As you gather with friends and family for the traditions of the holiday such as barbecues and fireworks, I ask you all to practice grilling and fireworks safety."

I wish you all a safe and very Happy Fourth of July.