TO: ALL ISSUERS OF HEALTH INSURANCE PRODUCTS IN MISSISSIPPI

FROM: MIKE CHANEY
COMMISSIONER OF INSURANCE

DATE: May 22, 2017

SUBJECT: CENTERS FOR DISEASE CONTROL AND PREVENTION GUIDELINES ON OPIOIDS

Over the past two decades, a marked increase in the use of opioid pain relievers has resulted in an escalation of opioid dependency and overdose deaths, as well as a surge in heroin addiction. Statistics show that in 2012, 259 million prescriptions were written for opioids. This is more than enough prescriptions to give every American adult their own bottle of pills. According to the Mississippi Department of Health, Mississippi is a leading prescriber of opioid painkillers with an equivalent of 1.2 opioid prescriptions for every man, woman and child in the state.

The Mississippi Department of Insurance strongly encourages all issuers of health insurance products in Mississippi to implement the Centers for Disease Control and Prevention (CDC) Guidelines for Prescribing Opioids for Chronic Pain. This will require issuers to partner with pain management experts, addiction experts and the issuers’ Network Providers and pharmacists to implement the CDC Guidelines. Issuers are also encouraged to promptly submit to the Mississippi Insurance Department any necessary form and rate filing changes associated with this implementation.

Please direct any questions to the Life and Health Actuarial Division at 601-359-2012.
Issued the 22nd day of May, 2017.

MIKE CHANEY
COMMISSIONER OF INSURANCE